



2010 Frontier Basketball Camps

For Boys and Girls Grades 4 to 9
held at Christopher Dock High School
Gymnasiums



Boys Camp..... July 12 – 16
Girls Camp July 19 – 23

Camp Staff

- **Tim Ehst**
Director
 - Former boys' basketball coach, Christopher Dock (18 years).
 - Led Christopher Dock boys' basketball teams to 3 District 1-A titles and 1 Bicentennial League championship.
 - Varsity girls' basketball coach, Christopher Dock (12 years).
 - 1998–99 Girls District 1-A Champion
 - 1999–2000 & 2000–01 Girls Bicentennial Constitution Division Champion
 - 1992–93, 1999–00, 2007–08 BAL Coach of the Year

- **Tony DaCosta**
Director of Basketball Instruction
 - Christopher Dock Varsity Boys' Basketball Coach (5 years)
 - Played for Christ the King High School and Boston University
 - BAL Coach of the Year 2008–09
 - 2008–09 Boys Bicentennial Constitution Division Champion

Coaching staff comprised of present Christopher Dock coaches and former players.



Application — Free camp T-shirt and basketball with full tuition by July 2

Check Desired Camp

Boys' Camp Grades 4-9
July 12 – 16, 9 am – 3 pm
Tuition: \$150

Girls' Camp Grades 4-9
July 19 – 23, 9 am – 3 pm
Tuition: \$150

Name _____ Grade Next Fall _____
 Height _____ T-shirt (Adult Size) S M L XL _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ School _____
 E-mail _____

\$45 Deposit
 Full Payment
 Make checks payable and mail to:
 Frontier Basketball Camps
 Tim Ehst, Camp Director
 1688 Route 100, Bally, PA 19503

Camp confirmation card will be sent to confirm application. Balance due June 26.

A \$45 non-refundable deposit is required with each application. The payment balance, \$105, is refundable with written explanation sent to camp director.

I, the undersigned, hereby submit that my son/daughter is physically fit, and waive and release any claims if he/she is injured at Frontier Basketball Camp. I understand that any camper who does not abide by the rules and regulations of the camp and Christopher Dock High School is subject to dismissal without reimbursement or recourse.

Parent's Signature _____ Date _____

Preparing for Success

Dear Camper,

This is your invitation to join our fine coaches and basketball development program at Frontier Camp. Our plan is to give all campers opportunity to develop their basketball skills, experience a variety of competitions, and receive individualized attention. My staff and I believe basketball success is found by those who think positive, work at developing their God-given basketball talents, and by players who are committed to team play and team success. It is our aim for each camper to grow in these areas of success.

I hope you have time to join us during your camp option noted in this brochure. It is a privilege for all of us at Frontier Camp to offer you a basketball opportunity that will inspire you to grow as a player and person.

I look forward to seeing you at camp!

Tim Ehst
Frontier Camps Director



Camp Features

- Team offensive and defensive instruction
- Round robin tournaments (1 on 1, 3 on 3, foul shooting)
- Hot shot competition
- Station drills
- 5 on 5 league play
- Individual shooting instruction and evaluation
- Special guest speakers
- Refreshment breaks
- Awards
- Free Camp T-shirt
- Free Camp Basketball

Camps

Boys Camp

for grades 4 – 9**

July 12 – 16, 9 am* – 3 pm Tuition: \$150

Girls Camp

for grades 4 – 9**

July 19 – 23, 9 am* – 3 pm Tuition: \$150

* Gymnasiums opened 40 minutes prior to start of each day of camp.

** Grade for 2010-11 school year

Camp Facilities

- Longacre Center Gymnasium, with two full size basketball courts.
- Clemens Center Gymnasium, with one basketball court.
- Longacre Center Snack Bar, where lunch items will be sold: hoagies, pizza, chips, and a variety of drinks.

Special Speakers

The following list represents some of the outstanding speakers we have had during the past few years of Frontier Basketball Camps:

- Matt Brady, Saint Joseph's University
- Pat Brogan, Penn State University
- Brandi Butler, Motivational Speaker
- Scott Covell, DeSales University
- Fran Dumphy, University of Pennsylvania
- Pat Knapp, Georgetown University
- Herb Magee, Philadelphia University
- Phil Martelli, Saint Joseph's University
- Speedy Morris, LaSalle University
- Steve Seymour, Drexel University
- Matt Hahn, LaSalle University
- Fran O'Hanlon, Lafayette College
- Mike Millet, Messiah College
- Tony Chapman, Holy Ghost Prep
- Larry Sassman, Messiah College
- Tom Shirley, Philadelphia University
- Fred Richter, DeSales University
- Tony DaCosta, Christopher Dock H.S.
- Kevin Griffin, Eastern Mennonite University
- Nate Webber, Guinness 3 pt. Record Holder
- Steven Smith, Fotmet 76ets Player